**Coach: Edmond Khoo**

*Coachee S/No.: 203*

*Period of Coaching: Oct 2017 to Nov 2018*

*Number of Sessions: 9*

*Number of Hours: 12.0*

*Average Duration per Session: 1 hour 20 minutes*

TESTIMONIAL

*by Coachee who is a Director, Public Sector Organisation, Singapore*

Having Edmond as my coach in the past year has been a great privilege. During the coaching journey, Edmond has played the role of a partner and a guide who has encouraged me to take ownership of my goals and responsivity over the ways in which I would progress. Through his skilful listening and questioning, I was able to enhance my self-awareness relating to my leadership, interaction and communication styles, and identify areas that I could grow and develop. Although he is soft-spoken, he is also very incisive and did not shrink from challenging some assumptions that I held about myself and my style of working and communicating. He was able to share some nuggets from his vast experience as a senior member of the leadership team. Sometimes, these nuggets exemplified certain principles so vividly and much more effectively than words could offer.

The blind spots exercise that involved colleagues, friends and family members has been very valuable to me. Edmond took time to facilitate the process and I was very appreciative of all the feedback that he has consolidated for me. I considered the feedback to be gifts from those who knew me. The follow-up interaction with each individual gave both parties an opportunity to be open and mutually supportive.

As a person, Edmond is very approachable and is genuine in helping people grow. I believe Edmond’s humility and his readiness to laugh at himself will endear himself to many people. I also appreciated the fact that I was encouraged to be “comfortable in my own skin” – to be myself, and I believe Edmond is a model of this disposition.

This engagement with Edmond has definitely helped me to see the kind of leader that I am and want to be. He has supported me in my growth and development in some areas that could benefit not just my work but also other spheres of my life. The time of being together and learning together will stay with me for a long time. Thank you!